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### Current Wish List

There are many items the women and children in our shelters need in order to get through their day. Please consider donating some of the items below in order to help us fill the needs of the women and children in our shelters!

- New Pillows
- New Blankets (twin or full)
- New Bed Sheets (twin)
- New Bath and Hand Towels
- New Clothing (all sizes)
- Reusable Plastic Bowls/Cups
- Sandals/Flip-Flops
- Diapers (size 4,5,6)
- Baby Wipes
- New Underwear/Socks/Bras

Organize a drive at your place of employment or at your church! Call Robin Kaslly at 795-8001 or [rkaslly@emergecenter.org](mailto:rkaslly@emergecenter.org) for more information about hosting a drive for Emerge! Center Against Domestic Abuse.

### Emerge! Needs Your Help!



Are you looking for a volunteer opportunity? Emerge! has a consistent need for volunteers. Current needs are:

**Drivers:** We are seeking volunteers to help pick up weekly food donations from area restaurants and the Community Food Bank. We provide training and a vehicle; you provide a 39 month driving record, insurance, and a few hours of your time each week. CDL is not required. Pick up times and dates include: Monday & Thursday 10am, Wednesdays 1:30pm and weekday mornings at the Food Bank. Any help is appreciated, as you are not asked to commit to all pickup dates. Drivers are also asked to help prepare the food for storage and keep track of food inventory at the destination.

**Child Care Assistants:** Make a difference for those in need just by doing what you love to do! Emerge is seeking volunteers to supervise children while parents attend Emerge! programs. Opportunities are available at: Angel Children Center Monday-Friday from 6am-6pm, Voices Against Violence on Mondays from 5pm-8pm, Su Futuro (must be bilingual) on Tuesdays from 5-8pm and Shelter sites Monday-Friday from 5pm-9pm. Must be 18 yrs old and will be required to obtain AzDPS fingerprint clearance card, First Aid and CPR, immunization records and tuberculosis screening.

**Environmental Services/Maintenance:** Like to paint? Handy with a hammer? Know your way around plumbing and electrical work? Help our Environmental Services crew with ongoing maintenance and special projects. Expertise not always needed; just a willingness to help.

If you are interested or have any questions, please contact Kelly Evans, Volunteer Services Coordinator at 520-795-8001 or [kellye@emergecenter.org](mailto:kellye@emergecenter.org)

## Upcoming Events

*KiiM-FM Freedom Fest 2011* will be held THIS SATURDAY, July 2. The event will be held at Kino Veterans Sports Complex (formerly Tucson Electric Park). Doors open at 3pm, parking is free. All proceeds from the Kids Zone games, dunk tank, and raffle will benefit Emerge! Center Against Domestic Abuse. For more information, including ticket information and schedule of performers, please visit [www.kiimfm.com](http://www.kiimfm.com).



*The heART Show*: A Local Art Sale to Benefit Emerge! Center Against Abuse. The event will be held October 15, 2011 (11am-4pm) at the offices of Dr. Carol McGonigle (1802 East Prince Road). Parking is free. More details will become available in future e-news issues, please mark your calendars and stay tuned!!

For more information about upcoming events or how to hold your own fundraising event, contact Anna Stevens-Denae at 520-795-8001 ext. 7005 or email [annas@emergecenter.org](mailto:annas@emergecenter.org).

## Isolation Tactics



Summer is generally a time for family reunions and barbeques with friends. For victims of domestic abuse, however, isolation from family and friends can be more common. Isolation tactics are often the first ones used by abusers when starting to abuse a victim. These tactics include prohibiting the victim from seeing family and/or friends, screening calls, preventing the use of a vehicle, locking the victim in a room, forbidding the victim to leave the house, barring the use of email or phone, moving to another city or state, controlling where a victim goes, criticizing friends and family, or even-when the abuser is not physically with the victim-excessive calls and texts to the victim.

The use of isolation tactics can often lead to other abuse tactics. Once isolated, it is more difficult for the victim to seek or obtain help and it is harder for others to know about and inquire for the victim's safety.

If you suspect that someone is being isolated by an abuser, take action. Talk to the victim in a safe place about your concerns. Give them the number to the Emerge! crisis hotline (1.888.428.0101) so they can access services.

## Special Thank You's

### Eugene C. and Wiletta F. Denton Family Foundation

Their recent gift will help many children recover from the effects of domestic abuse and help break the cycle of violence! Thank you!

### Ryan Companies US, Inc.

Their gift will help many victims of domestic abuse heal and begin a new life! Thank you for your commitment!

