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## Volunteer Needs

### Gardening Project:

This project will require 4 to 5 people for about 4 hours. We need mulching and various winter ground preparation for our garden.

### Written Translation:

We are looking for someone who can translate English documents into Spanish. This is an on-going, self-paced project to be completed by the end of 2012.

### Monthly Bike Maintenance:

We are looking for a person or group that would be interested in performing monthly maintenance on bikes. If you are interested in volunteering with Emerge!

## Read Our Latest Participant Story

Elise's husband abused her day after day. She lived in constant fear. One night after her husband had been out drinking, he came home and began to physically assault her. It kept escalating. Elise grabbed her cell phone and ran. She found a safe place and called 9-1-1. The police arrived and her husband was arrested. [Click here](#) to read more.



## Estate Planning

It is that time of year again; time to start thinking about taxes. It is also a good time to consider making your estate plans if you haven't already, and we know about 50% of you haven't! You don't have to have a lot of assets to need a plan. See this article from Forbes.com by clicking this link:

<http://www.forbes.com/2010/03/01/estate-tax-living-will-schiavo-personal-finance-no-estate-plans.html>

If you'd like to learn more about including Emerge! in your estate plan [click here](#)

## Special Thank You's

**Zuckerman Community Outreach Foundation:** Their donation will provide many safe nights to thousands of women and children that stay in our shelters each year. Thank you!

**Eugene C. and Wiletta F. Denton Family Foundation:** Their donation is helping us to continue to provide the opportunity to create, sustain, and celebrate a life free from abuse. Thank you!

**Theresa's Fund a McMurry Charity:** Their donation provides the funding to think and grow creatively to meet the needs of our community. Thank you!

**Cardinals Charities:** Their donation is ensuring many women and children safe nights in our shelters. Thank you!

**Thomas and Jeanne Elmezzi Private Foundation:** Their donation

please contact Michele at [volunteer@emergecenter.org](mailto:volunteer@emergecenter.org)

is helping us continue to provide dental services to many victims of domestic abuse. Thank you!

**In-n-Out Burger Foundation:** Their donation is helping us continue to provide much needed support to our outreach services for victims of domestic abuse. Thank you!

**John and Helen Murphey Foundation:** Their donation is helping us to continue to provide the much needed support for our 24/7 bilingual crisis line. Thank you!

**Allyn Family Foundation:** Their donation will provide many safe shelter nights for women and children that are leaving an abusive situation. Thank you!

**Community Church at Saddlebrooke:** Their donation is helping us provide many nutritious meals to the women and children in our shelters. Thank you!

## Partnership News

The Girl Scouts are having an event: *A Day On, Not a Day Off- Youth Take Action!* In honor of Martin Luther King day. Bring your family to volunteer.

**a day ON  
not a day off**

# youth take action!

**When** Monday, January 16  
11-2pm

**Where** Peter Howell  
Elementary School  
401 N. Irving Ave.  
Tucson, AZ

**Who** All ages welcome

**MLK Day is a day on, not a day off! Bring your family to volunteer!**

Join youth from all over Southern Arizona for a day of community action, connection and remembrance. Take action with over 15 projects that include:

- Hula hoop drive—bring a hula hoop to donate
- Community projects like Ben's Bells and Beads of Courage
- Make and donate items for the Humana Society
- Showcase of Service from the Tucson Youth Leadership Retreat 2011

There will also be opportunities to sign up for monthly community action projects in 2012.

**gs** For more info: Kristi Pallack | 520.319.3154 | [kpallack@girlscoutsoaz.org](mailto:kpallack@girlscoutsoaz.org)

Click the link below for more information:  
<https://www.facebook.com/events/327084493985537/>

## Domestic Violence During the Holidays

We often receive questions about whether there is an increase in domestic abuse during the holidays.

To date, there is no comprehensive national study linking the holidays with an increase in domestic abuse. Most of the available information tends to be anecdotal or based on one organization's experience. The recent studies include:

- A 2005 study of police incident reports in Idaho showed an increase in domestic abuse reports on New Year's Eve and New Year's Day.
- A 2010 study of calls for law enforcement in one US city found that the number of incidents reported was higher on New Year's Day.
- Data from the past seven years on calls to the National Domestic Violence Hotline shows a dramatic drop in calls to the hotline during the holidays. Calls to the hotline increase during the period January 2-15.

What's important to remember is that no matter what the numbers are, domestic violence continues to happen. And, often, the incidences are not reported to the police or the victim does not call the national hotline.

At Emerge! we believe reported abuse is just the "tip of the iceberg."

Source:

National Resource Center on Domestic Violence

[www.vawnet.org](http://www.vawnet.org)

