

# PaintPimaPurple.org



## End Domestic Abuse

It's up to us, women and men alike, to put an end to domestic abuse. All of us, not just victims, need to speak out about the importance of this issue and express our unwillingness to tolerate it in our community!

You could help save a life, help us get the word out about domestic abuse. Please forward these e-mails to friends and associates, or like us on [Facebook](#) and follow us on [Pinterest](#).

### Danni's Story

Danni\* came to Emerge! after her husband assaulted her in public. Bystanders called 911 and Danni's husband was arrested. She obtained an Order of Protection to keep him away from her. Even though her resolve was strong, Danni seemed a bit stunned by the change in her life. She was torn by feelings of love for him, and fear that he would harm her. She talked with Emerge! staff about the six-year history of the relationship. In telling her story, Danni had a painful realization that there were other forms of abuse and tactics used by her husband such as frequent criticism and attempts to control who she had friendships with. She thought his violent behavior was the only abusive behavior he had displayed.



Family members asked her to drop the charges against her husband and blamed Danni for his arrest. In spite of this, she was determined to seek justice and she aided with the prosecution of her husband's case. However, Danni was disappointed with the resolution of the case. Despite the public assault, her husband received a suspended sentence and he was scheduled for release from jail. This felt to her as though he was not held accountable for his actions in a meaningful way.

This was very frustrating to her. Danni was, understandably, worried about her safety because her abuser was being released. She worked with staff to develop a safety plan in case he returned either for retaliation or to try to re-establish their relationship. After this, Danni was able to move on with her life. She returned to college, taking classes in early childhood education.

Danni remains vigilant about her safety and she is flourishing in her new life. She has kept up with her schoolwork and is excited about a future working with children.

*\*The names, photos and identifying details in all of our participant stories have been changed to protect the identity of the people described. Read more stories online by clicking [here](#).*

## Warning Signs

Many abusive relationships don't start that way; they often become abusive over time. The following are warning signs that a relationship may become abusive. They are often seen when a couple first begins dating, before the relationship becomes more committed. Independently, these may not be strong indicators. However, when several of these occur in combination, they are more predictive that the relationship will become abusive in the future.

- Controlling behaviors
- Quick involvement
- Cruelty to children
- Cruelty to animals
- Disrespect
- History of violent behavior
- History of legal trouble related to relationships
- Isolation of the victim
- Double-standards/Unrealistic expectations
- Impulsivity and mood swings
- Jealousy
- Minimization and blaming
- Threats of violence/suicide
- Use of force, intimidation or coercion during sex

For descriptions of what these behaviors might look like, [click here](#).

Need Support? Call the Emerge! Hotline. It's open 24 hours a day, seven days a week and is available in both English and Spanish. If you need help, or need to know how to help a friend/family member, the hotline is here for you. Local: 795-4266 Toll-free: 888-428-0101. Learn more at [www.emergecenter.org](http://www.emergecenter.org).

## Teen Dating Violence

**Myth:** Teen relationships are never abusive.

**Fact:** In Pima County, 19.2 percent of youth (one in five) reported being a victim of one or more incidents of teen dating violence during the previous 12 months. This figure is based on findings from the [Arizona Criminal Justice Commission's 2010 survey](#). Teen victims of dating violence often tell someone about the abuse. Unfortunately the majority tell another teen; very few report the abuse to the police or a teacher/counselor.

## You Can Help Paint Pima Purple!

October is Domestic Violence Awareness Month. Help us raise awareness by forwarding these emails to your friends and associates. For more ideas on how to participate, read these emails, or visit [www.paintpimapurple.org](http://www.paintpimapurple.org).

**In the Coming Weeks:** Safety Planning

**Want More?** Like us on Facebook or follow us on Pinterest.

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## Special Thanks to Our Sponsors



## Emerge! Center Against Domestic Abuse

**Our Mission** is to provide the opportunity to create, sustain and celebrate a life free from abuse.

Anyone can experience abuse. Emerge! Center Against Domestic Abuse serves anyone without regard for gender, race, creed, color, religion, ethnicity, gender identity or gender expression, age, sexual orientation, or disability. The majority of the people seeking services are women and their children, however our programs are available to everyone.

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