

# Pathway to a Life Free From Abuse

Knowing what kind of help is available can be a key component to finding safety. Emerge! offers an array of support services to those who have experienced abuse in the past and those who are currently experiencing abuse. We also provide services to friends and family who want to know the best way to offer help or have been affected by the abuse of a loved one. Below you will see an overview of core services available to Emerge! participants, as well as the service sites where they are accessed.

## Core Services of the Emerge! Domestic Abuse Program

**Safety Planning** - Planning around different potential scenarios; danger assessment

**Domestic Abuse Education** - Individual and group sessions; education related to the dynamics of abuse and its impact on self and children

**Individual Case Management & Support** - Empowerment based personal strengths identification; emotional support; goal setting; life skills literacy; family services for children; community resource connection

**Holistic Treatment** - Therapeutic art; dance and movement therapy; pet therapy; yoga

**Lay Legal Services** - Information about legal rights and options; assistance obtaining orders of protection; court accompaniment; support to immigrants experiencing abuse

## Emerge! Service Sites



### 24-Hour Hotline

Our hotline is for those seeking help from abuse or with assisting a loved one. Based on the caller's needs, they are given emotional support over the phone, assistance with safety planning, directions on how to make an appointment at our community-based sites, access to emergency shelter, or referral to another agency if domestic abuse is not their primary issue. Last year, we answered nearly 6,000 calls from over 4,400 individuals.

### Community-Based Services Sites

Services at these sites are available to those who do not want/need shelter. Last year, 2,264 people were served at these sites, located in South Tucson and midtown.



**All core services** can be received at any service site, a participant chooses what site they access services from based on their current needs.

### 24-Hour Emergency Shelter

For those in crisis and in need of immediate safety. Average length of stay is 36 days. Last year we provided 343 adults and 254 children with 19,723 safe nights.



### Housing Stabilization Programs

For those who need assistance with establishing a stable home. As participants complete this program, they often continue to access services at a community-based site for ongoing support. Last year, 60 families with 99 children were served in our housing programs.

