



[#GivingTuesday](#)

[Theresa's Story](#)

December 1st is #GivingTuesday -a day for everyone, everywhere, to [GIVE this holiday season!](#) Mark your calendars and make a gift that will help nearly 5,500 people create a life free from abuse.

Reminder! Your gift to Emerge! may qualify you for a dollar-for-dollar credit that applies to what you pay in Arizona State income tax. [Click here for more info.](#)



Holiday House

When the families at Emerge! open their gifts from Holiday House, they unwrap more than just a tangible item. They are receiving hope and joy.

[Click here to find out more](#) about Holiday House or to view

Up to that point, 13-year-old Theresa had only crafted a meal out of a combination of items from the dollar menu or a box of mac and cheese. She was nervous when Melissa, the nutrition Case Coordinator at Emerge! shelter, asked if she would like to choose and help cook the evening meal for the families at shelter.

[Read More >](#)



Want to Participate?

1. Read the article below about **VOCA funding** and learn what you can do to help
2. **Give on #GivingTuesday,** December 1st
3. Tell a friend about **career**

the **Holiday House Wish List**.

opportunities at Emerge!

4. Share this month's **participant story** with your family on Thanksgiving

Kitchen Community

By Lisa O'Niell, featured in **Edible Baja Magazine**



"A program at Emerge! is helping women reclaim the kitchen - and reconnect with themselves."

[Read the full Edible article >](#)

Seeds of Hope

Planting A Garden Together at Shelter

Emerge! saw the opportunity to create a nutrition program that would take some of the stress points participants have and turn them into growth opportunities, while also strengthening the sense of community at shelter. What resulted for participants has been an extraordinary example of holistic healing and self-discovery. [Read More >](#)



The Tower Garden is full of mint, basil and other herbs. Located right outside the kitchen, shelter residents can easily grab herbs while cooking.



All of the planted radishes, carrots and lettuce sprouted beautifully from seeds in the perma-culture garden.

Action Needed

Cuts to VOCA = Cuts to Tucsonan's Safety Net

"The funding provided by the federal Victim of Crime Act (VOCA) makes a critical impact in keeping victims of domestic abuse in Tucson, as well as their children, safe. Unfortunately, funds from VOCA are at risk, which puts our community at risk," says Ed Mercurio-Sakwa, CEO of Emerge!.

[Learn more and call your member of Congress before December 11th!](#)

Careers at Emerge!

Apply Today - We Live Our Mission and Our Values



Are you committed to changing your community for the better? We've got cutting edge programs and [strong values](#) - and dedicated employees who have made us one of the '[50 Best Nonprofits to Work For](#)' in the nation.

[Open Positions](#) | [Apply Now](#) | [Outstanding Benefits](#)

**Join us! A career with Emerge!
will challenge and enrich your life.**

Meet Our Community Partners

The Diaper Bank of Southern Arizona

Changing lives one diaper at a time, the Diaper Bank of Southern Arizona is the first of its kind in the nation. In 1994, the two founders held the first diaper drive and five years later they had collected over 300,000 diapers!



**Thank you, Diaper Bank,
for helping us meet our diaper needs.
You are a great asset to
the entire Tucson community!**

Special Thanks to Our Supporters!

**Thank You to Those Who Donated \$1,000 or More in 2015
from
August 1st to October 31st**

Al & Pauline Kaplan Fund

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Connie Hillman Family Foundation ~ David Trayser
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Pima County Attorney's Office
Pima County Employees Combined Appeal Program
Raytheon Employee Giving ~ Southwest Energy,
LLC
Southwest Gas Employees ~ Stifel
Thomas and Jeanne Elmezzi Private Foundation
Tucson Appliance and Tucson Furniture
Tucson Osteopathic Medical Foundation
United Way of Tucson and Southern AZ
University of Arizona Interfraternity Council
Vantage West Credit Union
Voyager Summer Chapel ~ Walter & Lillian Caroll
Water of Life Metropolitan Community Church

**Bring safety and hope to survivors of domestic abuse -
support Emerge! programs and services today!**

Give Safety

*Names, photos and identifying details have been changed to keep Emerge! participants safe.
